



MONDAY

Mental Wellness

small and nice relaxation exercises for mom & child (up to 3 years of age)

9.30 – 11.30 Uhr

Room 1.25

TUESDAY

Hello Baby!

interaction with coffee and tea for parents with babies (up to one year of age)

9.30 – 11.30 Uhr

Room 1.25

WEDNESDAY

Family Midwife

Consultation concerning birth and the first time with the infant

10.00 – 11.00 Uhr

every first wednesday of the month
Room 1.25

THURSDAY

Child Care

We are taking care of your child - you have spare time!
(for children up to 3 years of age)

10.00 – 12.00 Uhr

Room 1.25

FRIDAY

Toddler Group

with breakfast
- everybody brings something to eat-

09.30 – 11.30 Uhr

Room 1.25

Child Care

We are taking care of your child - you have spare time!
(for children up to 3 years of age)

10.00 – 12.00 Uhr

Room 1.25

Social Counselling

concerning benefits around pregnancy, birth, family etc.
- for everyone and free of charge -

10.00 – 12.00 Uhr

every last tuesday of the month
(with previous notice)

Open Counselling

for topics around the family
- for everyone and free of charge -

10.00 – 12.00 Uhr

Room 1.25

Family Midwife

Consultation concerning birth and the first time with the infant

10.00 – 11.00 Uhr

every last friday of the month
Room 1.25

Children's Yoga

for children from 1- 3 years of age
- gladly with parents-

15.00 – 15.30 Uhr

- Sommerpause -

Am 03.09.2018 geht's wieder los!

15.30 – 16.30 Uhr

3,00 € Room 1.25

Music Plays

singing, rhymes, instruments...
for children from 1- 3 years of age
- with parents, grandma, grandpa...-

16.00 – 16.45 Uhr

2,00 € Room 1.25

Entdeckerküche

gardening, cooking & common meal
for parents with children from 3 years

15.30 – 18.00 Uhr

every 2nd and 4th thursday of the month
Garden/Children's kitchen (R. 1.22)

Family Café

for parents & children
- everybody brings something to eat-

15.30 – 17.30 Uhr

in the garden or Room 1.25

D - I - Y

„Do it yourself!“ for parents
(with childcare 0 - 6 years of age)

16.00 – 18.00 Uhr

Room 1.25

Music Plays

singing, rhymes, instruments...
for children from 4- 6 years of age
- without parents -

17.00 – 17.45 Uhr

2,00 € Room 1.25

Active Dads

for fathers with children
from 3 years upwards

16.00 – 18.00 Uhr

every last friday of the month
Room 1.25